# COME OUT AND SUPPORT YOUR FIRST RESPONDERS!

#### Hello all,

I hope this announcement is finding everyone well. As many of you are aware our First Responder community in Ulster County and surrounding areas have dealt with some type of unforeseen tragic event in one form or another.

Our Sheriff, Juan Figueroa, has helped the Ulster County Sheriff's Office create a Wellness Program, which consists of a Resiliency Officer Program and Critical Incident Stress Management Team (CISM).

The goal of the Wellness Program is to help support our community of First Responders to become resilient and help them going forward by offering them much needed support. We need to take better care of our first responders.

We would like to announce that we will be hosting a Wellness Fundraiser at Kingston Lane Bowling Alley. All the proceeds raised from this event would directly support our First Responders, Police, Fire, EMS, and Dispatchers throughout the year. If you're interested in participating, please see the attached flyer for details on how to sign up and support Ulster County's Hero's!

Sincerely,
The Ulster County Sheriff's
Wellness Unit







Join us for a Fundraiser to Support the Ulster County Sheriff's Office Wellness Program—benefiting ALL First Responders across our community!

Date: Sunday, June 1st Time: 9:00 AM – 12:00 PM

**Location: Patel Kingston Lanes 644 East Chester Street,** 

Kingston, NY 12401

Cost to Bowl:

- \$50 per bowler
- \$225 for a group of 5
   Includes 3 hours of bowling fun!

# ALSO ENJOY

Arcade & Axe Throwing (for an additional fee)

**Door Prizes** 

50/50 Raffle Free Coffee, Soda, and Snacks!

This is a community event to support the physical and mental well-being of those who protect and serve us daily. We welcome all First Responders and supporters to participate or attend.



**Date: Sunday, June 1st** 

Time: 9:00 AM - 12:00 PM

**Location: Patel Kingston Lanes** 

644 East Chester Street, Kingston, NY 12401

**SIGN IN WILL START AT 8:15AM** 

# SIGN UP SHEET

**Number Of Players:** 

Names Of Players:

#### Cost to Bowl:

- \$50 per bowler
- \$225 for a group of 5

Includes 3 hours of bowling fun!

## Please Make Checks payable to:

Ulster County Sheriff's Foundation c/o Maryann Degroodt

#### **Mailing Address:**

58 Norma Ct. Kingston, NY 12401

OR

## venmo

#### Venmo payment may be made to:

Maryann Degroodt

**Please include** <u>UC WELLNESS BOWLING</u> as the note!

If paying by check, please email wellness@co.ulster.ny.us and include your check number as well as the names of your bowlers.